

# Is there an older adult in your life?

Elder Care Choices is an information and referral service already included in your current employee benefits package.

It can help you locate resources anywhere in the United States.



**SENIOR SERVICES**

Elder Care Choices



## What is Elder Care Choices?

It is a confidential consultation and referral service to help employees manage the additional responsibilities of caring for an adult. When you contact Elder Care Choices, a counselor will review your information and concerns, answer your questions, and make suggestions and referrals for the adult you are caring for. In addition, Elder Care Choices counselors are trained to help both new and seasoned Medicare beneficiaries understand and choose Medicare options and answer questions about Social Security and public benefits.

## Who can use Elder Care Choices?

As part of the benefits package offered by your employer, you and/or your spouse are eligible to use Elder Care Choices. The service can be used for relatives or other adults for whom you may be providing care, anywhere in the United States, as often as you have a need for information or referrals.

## Will I be charged for using Elder Care Choices?

No. There is no cost to you. This is a benefit provided by your employer. However, you are responsible for the fees charged for the services you obtain to help the adult you care for.



2895 Shorefair Drive  
Winston-Salem, NC 27105

### Need to access this benefit?



Request assistance online at [ecc.seniorservicesinc.org](http://ecc.seniorservicesinc.org)



Email your question to [ecc@seniorservicesinc.org](mailto:ecc@seniorservicesinc.org)



Call our counselors at **336-748-2171**